



Dr Uddin & Dr Anwar Halliwell Surgery Practice Newsletter February/March Newsletter 2024

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If you require urgent medical assistance when the surgery is closed and cannot wait until the surgery opens, please call the Out of Hours service on 0161 7638940.

Reception Opening

Times:

Mon to Fri – 8.00am to 6.30pm

Importance of attending review appointments

If you have a long term condition, such as Diabetes, Coronary Heart Disease (CHD), asthma, COPD, chronic kidney disease (CKD), dementia, learning disabilities, history of stroke or mental health, you will be invited in to the practice each year for an annual review and health check with one of our nursing team. During the appointment, we can check how you are managing your condition and how we can support you. We will send you an appointment in your birth month.

It is really important that you attend your reviews so that we can monitor your condition, carry out physical health checks like blood pressure, blood tests, BMI etc.

Since the start of this year, we have had a 25% did not attend rate in our annual review clinics.

We will also arrange an annual review with one of our practice pharmacists to monitor any medications that you may take for your condition.

Surgery Staff Update

We would like to welcome some new members joining our clinical team here at the practice.

- Dr Zaman – GP Trainee – fully qualified doctor in his final year of GP training – he will be with us from Feb 2024-Feb 2025
- Dr Mina – GP Trainee – fully qualified doctor in her 2nd year of GP training – she will be with us from Feb 2024-Aug 2024

You can see more information about our whole team by visiting our practice website and clicking on the Practice Staff section. You can also find out more information about the different professionals in General Practice - [Who's who at your GP practice | Greater Manchester Integrated Care Partnership \(gmintegratedcare.org.uk\)](#)

Friends and Family Results

December 2023 results

- Very Good – 79%
- Good – 13%
- Neither good nor poor – 4%
- Poor – 2%
- Very Poor 2%

January 2024 results

- Very Good – 83%
- Good – 13%
- Neither good nor poor – 2%
- Poor – 0%
- Very Poor 2%

Some comments sent it:

- “The receptionist was very pleasant as always, then my blood test was carried out quickly and efficiently. Great experience over all.”
- “The physiotherapist (*MSK practitioner*) was thorough, his explanations were clear and concise and patient care was really good. Would recommend other patients to see him.”
- “The staff are very prompt and professional. The doctor arranged to see my son straight away. He looked into my son history and gave him time. And not rush us. He dealt with the problem the best he could do.”
- “Doctor was great! Really friendly, informative and personable! Great experience.”
- “Just been diagnosed with diabetes and the nurse did a full check-up, bloods, ECG and advice, no long waits in surgery before appointments. Helpful receptionists.”

You can visit our practice website for quarterly Family & Friend feedback reports.

NHS Health Checks, High CVD Risk Reviews and Carer Health Checks

NHS Health Check

- **What is an NHS Health Check?**

The NHS Health Check is a free check-up of your overall health. It can tell you whether you're at higher risk of getting certain health problems, such as - heart disease, type 2 diabetes, kidney disease and stroke.

During the check-up we will discuss how to reduce your risk of these conditions. *If you're aged over 65, you'll also be told about symptoms of dementia to look out for.*

- **How do I get an NHS Health Check?**

If you're aged 40 to 74 and **do not have a pre-existing health condition**, you should have received an invite to an NHS Health Check in the surgery. We do send an appointment self-booking link with the invite so that you can book your own appointment via the link to suit your availability. You will be invited in every 5 years.

It is really important that we work with our patients to help prevent you developing a long term condition. For more information visit - <https://www.nhs.uk/conditions/nhs-health-check/>

If you have not yet responded to our invite, please contact the surgery to make an appointment today!

High CVD Risk Annual review

If you have been identified as being at high risk of developing a cardiovascular disease (CVD) – 20% higher risk – you will be invited into the practice every year for an annual health check. The practice will send you an invitation each year. It is important that you attend these annual reviews so we can monitor your risk and help with ways on how to reduce this risk.

For more information on the types of cardiovascular disease, visit - <https://www.nhs.uk/conditions/cardiovascular-disease/>

Carers Annual Health Checks

A carer is anyone, including children and adults who looks after a family member, partner or friend who needs help because of their illness, frailty, disability, a mental health problem or an addiction and cannot cope without their support. **The care they give is unpaid.**

If you have informed us that you are a carer you will be offered an annual health check and flu vaccination. The health check is about **looking after you as a carer**. It will focus on your own health and wellbeing and whether there are any areas you need support with. It is a chance to talk about your concerns and hopes for the future. The check covers the questions which Carers have told us are important.

You should have received an invite for a carer annual health check already and if you have not yet had this, please contact the surgery to book an appointment.

If you are a carer and have not informed the practice, please contact us to let us know so we can record this in your record and add you to our carer register.